

glassful of sherry, or other white wine. Set it aside to cool, and then strain it, and sweeten the whey to taste with a little pounded sugar.

Cream of tartar whey.—Bring a pint of new milk to the boil, and when it begins to boil stir in two teaspoonfuls of cream of tartar. Stir it, take it off the fire, and set it aside till the curd forms; then strain it, sweeten it to taste, and set it aside to cool.

Alum whey.—Make this whey according to the directions given above, but, instead of using cream of tartar, use a similar quantity of powdered alum. This makes a more astringent whey than any of the others, and is accordingly of use in laxative complaints.

Tamarind whey.—Stir two tablespoonfuls of preserved tamarinds into a pint of boiling milk, and strain off the whey as soon as the curd is formed.

Treacle posset.—Make the whey as described above, but use two tablespoonfuls of black treacle to the pint of boiling milk. This is an excellent remedy for a cold if drunk hot at bedtime.

NOTE.—The curd which remains can be used in making cheese-cakes and curd-puddings, but if there is no use for the curd in the kitchen, skim milk answers just as well as new milk for making whey, and does not entail so much expense.

Queen Victoria's Jubilee Institute for Nurses.

The good work of Queen Victoria's Jubilee Institute is ever increasing, and her Majesty Queen Alexandra has been graciously pleased to approve the appointment, to date July 1st, 1907, of forty-three "Queen's Nurses" for England, ten for Scotland, and seven for Ireland. All these nurses, after hospital training, are specially trained in District Nursing, a very important part of their education.

A Well-Deserved Gift.

The French Academy of Moral and Political Sciences has just awarded a prize of fifteen thousand francs, the highest gift in its power, to Mlle. L. Chaptal, in recognition of her work in connection with the Maison-Ecole d'Infirmières Privées at Paris, and for her services on societies formed to combat the ravages of Tuberculosis, and Infant Mortality. Many of those who attended the Nursing Conference, and there came in touch with Mlle. Chaptal, will join with us in congratulating her upon this honourable recognition of many years of devoted work for the good of her compatriots.

International News.

Sister Agnes Karll left England for Germany on Saturday last, having, during her visit, made herself thoroughly acquainted with the condition of nursing politics in this country. She is a very straightforward, level-headed woman, and very enthusiastic about the work of the International Council of Nurses. Sister Karll is of opinion that great good has resulted from its visit to Berlin in 1904, so much so indeed that she has already plans for 1911, "so as we live and be well," as they say in the country.

We have pleasure in announcing that Miss J. C. van Lanschot-Hubrecht, the very able Secretary of *Nosokomos*, the Dutch Nurses' Association, has accepted our invitation to become a collaborator of this Journal. Miss van Lanschot-Hubrecht writes: "Your proposal anticipates our wishes. The Paris Conference had suggested to us the idea that every country should publish at regular times the most important events in the BRITISH JOURNAL OF NURSING. We intended to make a proposal of that question at our next meeting, but now you have already realised what we wanted to obtain."

News from the Emerald Isle.

We are pleased to announce that Miss E. Cherry, Secretary of the Irish Nurses' Association, has consented to act as a collaborator of this Journal in place of Miss M. E. MacDonnell, who is now working in India. Irish nurses have given such a good example to their English and Scottish colleagues of unity of purpose, and what can be accomplished for the common welfare, by kindness and good sense, that we are always pleased to chronicle their doings.

The professional friends of Miss Hampson, of Portobello House, Dublin, and they are legion, entertained her at dinner on Thursday, the 18th inst., at the Hibernian Hotel, Dawson Street, on the occasion of her departure from Dublin, and retirement from active professional work. Since Miss Hampson went to Ireland as Matron of the Rotunda Hospital, many years ago, she has been one of the chief friends and supporters of the Irish Nurses' Association, of which she has been President, and has given an example of great devotion to duty in all relations of life. The retirement of Miss Hampson, and her departure from Ireland is recognised as a very great loss to nursing in the Emerald Isle, but she has well earned her rest, and we wish her a very happy time.

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